



AMERICA'S BEST KARATE

Support the Graystone Home and School Club!

America's Best Karate (ABK) and the Graystone Home and School Club are pleased to announce that ABK has generously donated martial arts uniforms and training for all interested Graystone Elementary students and Families.

For a simple donation of only \$79, you will receive a 1-1 orientation lesson, up to 5 weeks of consecutive training (max. of 10 classes) and an official ABK uniform. There is no obligation to continue after the 5 weeks and 100% of the proceeds go to the HSC. **OFFER VALID THROUGH 03/30/12**



Martial Arts Develops:
Strength and Coordination
Focus and Self Discipline
Confidence and Self Esteem
Attitude and Spirit

For the Children Ages: 5 and Up

Schedule: (Meets Twice/Week)

M- 4:00-4:45

T/Fri - 5:00 - 5:45 p.m.

W/Th - 6:00 - 6:45 p.m.

Sat - 10:45 - 11:30 p.m.

Teens and Adults/Experienced Students

Call for Times



For the Little Ones

Ages: 4 - 5.5

Schedule: (Meets Once/Week)

M- 5:15-5:45 T-3:30-4:00 p.m.

Sat-11:30 - 12:00 p.m.

(Up to 5 classes over 5 weeks)

\$79

Up to 10 Classes and Uniform

Restrictions: Classes must be attended in succession. Individual Students may purchase 1 promotional program per school year. Graystone Families are eligible (including non Graystone Students; however, current ABK Students are not eligible for this promotion). There is NO obligation to continue after the promotional period. Offer expires March 30th, 2012 For more information, **America's Best Karate (408) 268-6639**

Email: masterkwaldschmidt@abkmartialarts.com or visit us at www.almadenkarate.com